**06-03 Configuration Guide**

The Configuration Guide outlines how to set up, customise, and evolve your BrainFrame environment.

It is both a technical setup reference and a philosophical alignment tool — ensuring the system feels like an extension of *you*.

**Step 1: Define Your Primary Mode**

* Personal Growth / Reflection
* Strategy & Systems Thinking
* Team / Org Alignment
* Creative Workflows

This informs tone, templates, and prompt calibration.

**Step 2: Choose Your Core Modules**

Start with 2–3 that resonate:

* Shadow Planner
* SelfFrame
* Prompt Library
* Decision Maps
* AI Companion Setup
* Modular Templates Folder

**Step 3: Set Preferences**

| **Setting** | **Example Options** |
| --- | --- |
| Tone Calibration | Gentle / Direct / Curious |
| Output Format | Bullet / Narrative / Mixed |
| Prompt Style | Open / Framed / Structured |
| Reflection Cadence | Daily / Weekly / As needed |
| AI Role | Partner / Mirror / Coach |

**Step 4: Add Personal Metadata**

* Your current roles
* Core values
* Working tensions
* Preferred metaphors

This powers Adaptive Prompting and Context Transfer.

**Step 5: Save + Iterate**

* Use the Version Tracker to document changes.
* Update as your context evolves.
* Reflect on how configuration changes affect clarity and energy.

**Reminder:** Configuration is not a setup task. It’s a co-evolving ritual.

Set your BrainFrame to work with you — not just for you.